

# MAY NOW SEND CERTAIN FOODS TO PRISONERS

**Dehydrated Fruits, Tea,  
Coffee May Go**

**Some Foodstuffs Can Be  
Put in Parcels**

Ottawa, Nov. 9.—(CP)—Certain types of food now may be included in parcels sent to prisoners of war by their next-of-kin, external affairs department announced today. Previously only clothing, small personal items and chocolate was allowed to be sent. Under the new arrangements, limited amounts of dehydrated fruits and berries, dehydrated soups, shelled nuts, hard chocolate and cocoa, coffee, tea, sugar or hard candies, dried chipped beef, spices and curry powder may be sent.

The departmental statement said:

For some time letters reaching Canada from Canadian prisoners of war and civilian internees in Europe and North Africa have contained requests that items of food should be allowed in the quarterly parcels being sent to them by next-of-kin resident in Canada.

Hitherto the contents of these parcels have been restricted to clothes, small personal articles and chocolate. But since it is evident from reports reaching Canada that prisoners of war and civilian internees have on the whole adequate supplies of clothing, the regulations governing these parcels have been altered to allow the inclusion of a number of additional food items.

Such items will, of course, be allowed in addition to the permissible articles already listed in the printed regulations published by the post office department concerning communications with prisoners of war interned abroad.

United States regulations governing this type of parcel have recently been revised, and a comparison between the new regulations in both countries reveals that the contents permitted in Canadian and United States parcels now are substantially the same.

## Are Extras

The food items are intended primarily as extras which will add variety to the food already supplied in weekly Red Cross parcels and camp rations. In their selection, due regard has been taken both of the preferences of the prisoners themselves and of the restrictions imposed in these matters by the German and Italian governments.

The following food items, subject to their being available, are permitted under the new regulations:

1. Dehydrated fruits and berries up to one pound in weight.
2. Dehydrated soups up to one-half pound.
3. Shelled nuts up to one pound.
4. Hard chocolate or cocoa up to two pounds.
5. Coffee up to one pound.
6. Tea up to one-quarter pound.
7. Sugar or hard candies up to two pounds.
8. Dried chipped beef up to one-quarter pound.
9. Spices up to two ounces.
10. Curry powder up to two ounces.

Senders may not substitute one food item for another in their parcels; that is to say, for instance, they may not include an extra pound of chocolate to replace a pound of nuts.

The individual items should be packed, as far as possible, in cellophane bags; but paper containers or thin wooden boxes (the latter preferably with sliding tops) may be used if necessary for proper packing.

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PRISONERS